Statins are the most prescribed drug with over-hyped benefits and downplayed side effects

11/01/2023 // Lance D Johnson // **4.1K** Views

Tags: badhealth, badmedicine, Big Pharma, cell death, Dangerous Medicine, disease causes, hospitalization, insulin signaling, kidney injury, MItochondrial Dysfunction, muscle weakness, musculoskeletal system, myalgia, myopathy, pharma fraud, pharmaceutical fraud, Prescription drugs, proteinuria, side effects, statins, truth, Type 2 Diabetes

The most prescribed class of drugs in the world – statins – have become one of the most controversial interventions in modern medicine. Hydroxymethyl glutaryl coenzyme A reductase (HMG-CoA) inhibitors have been considered safe and effective for twenty years, yet doctors often over hype the benefits and downplay the side effects.

ADVERTISEMENT

There are six statin drugs available on the market today - pitavastatin, atorvastatin, rosuvastatin, pravastatin, simvastatin and fluvastatin. These drugs work by lowering low density lipoprotein cholesterol (LDL-C) levels by approximately 20-50%. They also lower triglyceride levels by 10-20% and cause a possible rise in serum high density lipoprotein cholesterol (HDL-C) levels by 5-10%. Studies show that statins lower the risk of cardiovascular events and reduce all-cause mortality by 10% for every 1.0 mmol/L reduction in LDL-C levels.

However, there are several known risks with these drugs, and long-term use poses other life-threatening risks that may negate their over-hyped clinical benefits. Among the many risks include myalgia and rhabdomyolysis, new onset Type-2 diabetes, and acute kidney injury leading to hospitalization.

Chronic pain, myalgia and rhabdomyolysis

One of the lesser-known side effects of statins is rhabdomyolysis. While this risk is rarer, it causes skeletal muscle to break down rapidly, leading to muscle pains, weakness, vomiting and confusion that affect one's daily life. A Cochrane review that included nine trials found that 3,551 of 37,939 patients developed symptoms of myalgia (9.4%). Incidence of rhabdomyolysis doubled for patients who were in the intensive statin group compared to the less intensive statin group. These cases of rhabdomyolysis can also induce tubular obstruction causing tubular injury and ischemia, leading to proteinuria and kidney problems. Another lesser known side effect of statins is statin-associated myopathy, with significant elevation of serum creatine kinase. This condition affects as many as 1 per 1000 patients on statin therapy.

Cell injury and new onset Type-2 diabetes

Statins have been traditionally associated with mitochondrial dysfunction and energy decline as well as a reduction in co-enzyme Q10 levels, which are important for cardiovascular function. A lesser-known issue with statins is their proclivity to lower farnesyl pyrophosphate and geranylgeranyl pyrophosphate. These are the end products of the mevalonate pathway, which is vital for cell growth. The reduction of these, along with alterations in cholesterol content in skeletal muscle cells, ultimately alters the flow of ion channels, leading to poor calcium uptake and rapid cell injury and cell death.

The pharmacological action of statins can also disrupt insulin signaling pathways, harming pancreatic beta cell function, while leading to insulin resistance and full-blown diabetes mellitus. In a 13-trial meta-analysis, there was a new case of diabetes mellitus for every 255 patients treated for at least four years with statin therapy. A 5-trial meta-analysis also found an association between statin therapy and an increased risk of new onset diabetes. A higher dose of statins increased one's risk of being diagnosed with new-onset Type-2 diabetes.

Acute kidney injuries leading to hospitalization

A major retrospective observational analysis found a higher risk of hospitalization for acute kidney injury for patients taking statins drugs. The analysis included more than 2 million statin patients with no prior history of chronic kidney disease and another 59,636 statin patients with chronic kidney disease. Within just four months of taking statins, there were 1,896 hospitalizations for acute kidney injury in the group with a history of chronic kidney disease. There were an additional 4,691 hospitalizations for acute kidney injury in patients who had no history of kidney disease. A higher dose of statins was associated with higher hospitalization rates.

While some studies prove a cardiovascular benefit for statins, there are numerous ways these popular prescription drugs break people down from the inside out, destroying mitochondrial function, hindering cell growth, increasing cell death, breaking down the musculoskeletal system, and sending users to the hospital with diabetes complications and acute kidney injury.

For more on this controversy, check out Statins.news.

Sources include:

TheEpochTimes.com

Pubmed.gov

Pubmed.gov

Pubmed.gov

Pubmed.gov

Pubmed.gov

Pubmed.gov

Pubmed.gov

NCBI.NLM.NIH.gov

RELATED TOPICS

BADHEALTH | BADMEDICINE | BIG PHARMA | CELL DEATH | DANGEROUS MEDICINE | DISEASE CAUSES | HOSPITALIZATION | INSULIN SIGNALING | KIDNEY INJURY | MITOCHONDRIAL DYSFUNCTION | MUSCLE WEAKNESS | MUSCULOSKELETAL SYSTEM | MYALGIA | MYOPATHY | PHARMA FRAUD | PHARMACEUTICAL FRAUD | PRESCRIPTION DRUGS | PROTEINURIA | SIDE EFFECTS | STATINS | TRUTH | TYPE 2 DIABETES

ADVERTISEMENT

LATEST NEWS

11/02/2023 / By Cassie B.

DOUBLE TROUBLE: Studies show elevated stroke risk in patients who received flu and COVID-19 vaccines together

11/02/2023 / By Belle Carter

WAR CRIMES: Israeli jets strike Turkish-run cancer center, severely disrupting healthcare services for Gazans

11/02/2023 / By Cassie B.

Israel admits bombing Gaza refugee camp, killing and wounding HUNDREDS of civilians just to take out ONE man

11/02/2023 / By Ethan Huff

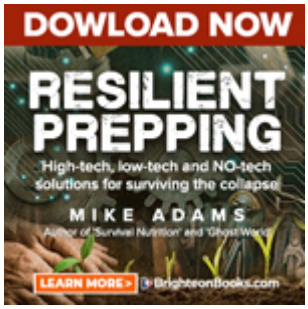
Video reveals that shocking number of CDC officials who pushed COVID death jabs are JEWS with dual Israeli-American citizenship

11/02/2023 / By Ethan Huff

Unfolding prophecy in Middle East spurs rush in DOOMSDAY prepping

11/02/2023 / By Olivia Cook

Smuggling ILLEGAL IMMIGRANTS into the U.S. is now a $13B a year business



ADVERTISEMENTS

RELATED NEWS

11/02/2023 / By Cassie B.

DOUBLE TROUBLE: Studies show elevated stroke risk in patients who received flu and COVID-19 vaccines together

11/02/2023 / By Belle Carter

WAR CRIMES: Israeli jets strike Turkish-run cancer center, severely disrupting healthcare services for Gazans

11/02/2023 / By Ethan Huff

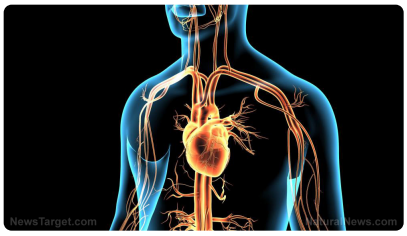
Video reveals that shocking number of CDC officials who pushed COVID death jabs are JEWS with dual Israeli-American citizenship

11/02/2023 / By Zoey Sky

THEY NEVER LEARN: Chinese scientists to conduct experiments on 8 newly discovered viruses, sparking fears of another pandemic

11/02/2023 / By Laura Harris

High Court judge in U.K. orders 11-year-old rape victim to get an abortion AGAINST HER WILL



11/01/2023 / By Laura Harris

Big Pharma and Big Gov't CONCEALED heart damage caused by COVID-19 injections to push vaccine mandates

2 COMMENTS

Newest | Oldest | Most Replies

Please sign in with your Brighteon account to leave comments

Not a user, Create your FREE account today.
Learn more about our new comment system.

Sign In Sign Up

Richard Wilson
3 hours ago

If you are metabolically healthy, then high cholesterol is a ***benefit,*** not a problem. It strengthens all bodily systems, and improves longevity. Metabolically healthy means not overweight, not diabetic, not insulin resistant, with no chronic glycation, inflammation, or

See more

0 0

ron angel
8 hours ago

I have been taking plant sterols for about 3 years instead of statins checked with blood tests every 3 months they do work and keep cholesterol levels down. Maybe Mike should sell these as completely natural compounds.

0 0

TAKE ACTION:

Support Natural News by linking to this article from your website.

Permalink to this article:

https://www.naturalnews.com/2023-11-01-statins-most-prescribed-drug-over-hyped-benefits.html Copy

Embed article link:

<a href="https://www.naturalnews.com/2023-11-01-statins-most-prescribed-drug-over-hyped-benefits.html">Statin Copy

Reprinting this article:

Non-commercial use is permitted with credit to NaturalNews.com (including a clickable link).
Please contact us for more information.

FREE EMAIL ALERTS

Get independent news alerts on natural cures, food lab tests, cannabis medicine, science, robotics, drones, privacy and more.

Enter Your Email Address

We respect your privacy

This site is part of the Natural News Network © 2022 All Rights Reserved. Privacy | Terms All content posted on this site is commentary or opinion and is protected under Free Speech. Truth Publishing International, LTD. is not responsible for content written by contributing authors. The information on this site is provided for educational and entertainment purposes only. It is not intended as a substitute for professional advice of any kind. Truth Publishing assumes no responsibility for the use or misuse of this material. Your use of this website indicates your agreement to these terms and those published here. All trademarks, registered trademarks and servicemarks mentioned on this site are the property of their respective owners.